

Licensure in Marriage and Family Therapy

The UA MFT Program meets all educational and clinical requirements for applying for licensure as a Marriage and Family Therapy Associate (MFT-A) in the state of Alabama. Students graduating with a M. S. in HDFS with a concentration in MFT are required to complete 500 direct client contact hours of therapy (including at least 250 hours with couples or families). The total hours are comprised of hours accumulated in clinical work at the UA Capstone Family Therapy Clinic (CFTC) and approved off-site community placements. Students are encouraged to visit the Alabama Board of Examiners for Marriage and Family Therapy (ABEMFT) Board website to learn more about MFT licensure guidelines: <http://mft.alabama.gov/>.

Because licensure is regulated by individual states, it is possible that a state other than Alabama may have additional requirements not provided as part of the standard UA MFT Program educational and clinical requirements. The following resources are available to students considering licensure in other states:

- Listing of state licensure requirements: <https://amftrb.org/resources/state-licensure-comparison/>
- AAMFT link to state licensing boards: https://aamft.org/Directories/MFT_Licensing_Boards.aspx?WebsiteKey=8e8c9bd6-0b71-4cd1-a5ab-013b5f855b01

Per the UA MFT Program Degree Portability Acknowledgement, The Program will notify students of licensure variation across states and provide resources for accessing each state's licensure requirements (students will sign UA MFT Program Degree Portability Acknowledgement Form before entering the program).